

FIVER FEST

20TH JUNE – 4TH JULY

A G Miller	1kg of sausages! Saville (pork & marmalade) or TNT (hot chilli).
Alva Malka YOGA (Hampton Wick)	£5 per class Tues & Thurs Classes for new members only.
Astrora Coffee	2 x 100g special Fiver Fest packs of coffee from a wide selection.
Bed City	Bear, dog, pig & seal doorstops (normally £9.99).
Bilas Tandoori	Chicken or lamb Curry/Madras/Bhuna and Pilau rice lunchbox.
La Bottega	Fiver feast: platter of meats, cheeses, olives & bread.
Canta Napoli	Seabass lunch (normally £14.95) Mon-Thu or Lasagna lunch (normally £7.90) Fri-Sun.
Card Collection	2 x 18inch foil balloons £5 (normally £7).
La Casa Del Habano	100g Selection of Neuhaus Belgium chocolates in a bag (normally £7).
Cavan Bakery	Any 5 cakes for £5 including brownies, muffins, frangipane slices, gingerbread men etc (excluding wrapped cakes).
La Cloche at The Lion	La Plat du Jour Lunch Mon-Sat.
Diners Delight Cafe	Meze Platter' served with home-made pitta bread and with tea or freshly ground coffee (normally £8.45).
Diner's Turkish Delight	Delicious barbecued chicken wings with salad, rice and bread (normally £8.50).
Douetil Holistic Therapies	15min neck and shoulder massage or mini-reflexology session on Wed/Thu.
Elements	£5 Kerastase treatments when booked in with blowdry (normally £15).
Emma Morrison Dress Making	Half-hour taster session learning how to use a sewing machine (ages 10 to adult). Also 5 shirts ironed for £5.
Fallow Deer Cafe	Daily special lunchtime salad & soft drink.
Happy Potter Ceramics	Paint an egg cup (normally £11).
Flying Cloud Cafe	2 cups of tea and 2 pieces of homemade cakes for £5.
Heirloom	Hand-made oak acorn door wedge. Cornish St Eval handmade candles in terracotta pot. Once used fill with soil and plant some herbs to create your own Victorian herb garden.
Ivy Clinic	£5 eyebrow shape.
Jo Butler Flowers	Fragrant posy wrapped in brown paper & tissue for only £5.
John Woods Fruit & Veg	Fruit / Salad pack.
Kate Smart Fitness	1 x Latex Resistance Band & comprehensive exercise sheet (normally £8) [link]
Kindle Stoves	5kg BBQ charcoal for £5 (usually £7).
Kitchen Sync	Selection of items (worth £8.99) including Le Creuset Espresso mugs.
KC Pharmacy	Collection of mini moisturising lotions from Patisserie De Bain range (normally £15) or spend £8 and pay £5 on the rest of the Patisserie Range. Also Nuxe travel kit (normally £7.99)
Loft	Multi butterfly scarf in light pink, blue or dark pink (normally £8.99).
Mela Mela	Selection of vintage jewellery including pearl bracelets (and possibly a few surprise items too!).
Mercado	I ♥ Teddington mugs for £5. Love where you live!
Mitzi B	White fabric hearts, tights & selected jewellery.
Moiduls	Any 2 tapas dishes from special lunch menu (lunch times: 11:30am-2:30pm).
Moore's Cycles	Raleigh pump or Specialized water bottle (normally £7).
Naked Trainer	Group session for £5 (usually £10 for new member) Tuesdays and Thursdays at 9am and 7.30pm (20th/25th/27th June 2nd/4th July).
Nafisa	15m relaxing reflexology session, sumptuous face massage or invigorating Indian head massage [link]
Orange Tree Clinic	For running enthusiasts: relieve aching legs with 15mins lower body sports massage (legs and thighs).
Park Lane Stables	Introduction to horses. Come & meet the horses, learn how to mount & dismount and have a short test drive! Or 15m lesson on Henry the mechanical horse.
Perkins Health	Cut, shape and nail polish (normally £8).
Plan B Fitness	Plan B Fitness Clean Curry Cook Book (PDF) see www.planbnutrition.com/fiver-fest
Royal Oak	Cheddar Stuffed Aberdeen Angus Beefburger, bacon jam, skinny fries, house slaw (usually £10), crispy seabass & avocado burger, skinny fries, house slaw (usually £9), spiced chickpea, lentil & rice burger, tzatziki, skinny fries, house slaw (usually £8), any cocktail from menu (usually £7).
Shambles	'Cozze Marinara con N'duja' (Mussels with 'N'duja' (melted spicy salami)) and tomato sauce with home-made bread.
Sidra Patisserie	Takeaway sandwich & any coffee.
Simply Skin	£5 eyebrow shapes and £5 Jessica file and polish.
Stevens Tyres	Two wheel balances (normally £15).
Simply Me Boutique Beauty	Eyebrow shape only £5 when booked with any beauty service (normally £15).
TCS	Danish homewares.
Teeney Weenies	Spend £5 and get a free pack of Pombeers! OR spend £5 and get a hot beverage for free.
Teddington Sports	Cream cricket hat (normally £7.99).
Vet4Life	Dog or cat pedicure (nail clip) (normally £12).
Vidatherapy	Aveda 50ml travel favourites - natural skin care products, perfect for a quick holiday getaway!

Discover the £5 FIVER FEST deals in Teddington: 20th June - 4th July



- Diners Delight
- Emma Morrison Dressmaking
- Sidra Patisserie
- Stevens Tyres
- Vidatherapy

- Alva Malka Yoga
- La Cloche at The Lion
- The Ivy Health Clinic
- Jo Butler Flowers
- Moore's Cycles

- Astrora
- Bed City
- Bilas Tandoori
- Cavan Bakery
- Douetil Holistic Therapies
- Happy Potter
- John Woods Fruit & Veg
- The Loft
- Park Lane Stables
- Perkins Health
- Simply Skin

- La Bottega
- Canta Napoli
- The Card Collection
- La Casa Del Habano
- Cavan Bakery
- Elements
- The Fallow Deer
- Heirloom
- Kindle Stoves
- Kitchen Sync
- Mela Mela
- Mercado
- Mitzi B
- Moiduls
- The Royal Oak
- Shambles
- TCS
- Teeney Weenies
- Vet4Life

Totally Locally Teddington

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