

TEDDINGTON TEMPTING TENNERS

loflDesign	Colourful graphic T-shirts (normally £14-£20), 2 vintage brooch cards, (normally £6.50 each), vintage Dutch, French & English Wooden Scrabble rings (normally £10), festival Boho necklace & bracelet combo - range of styles & make your own combinations (normally £22).
A G Miller	2kg of pork steaks (normally £15+).
Bilas Tandoori	Any chicken/lamb/prawn starter + main dish, rice or naan and 330ml Cobra (takeaway anytime or eat-in Sunday to Wednesday).
La Bottega	Bottle of Prosecco (normally £14).
Canta Napoli	Pizza or pasta and side salad & drink (soft drink/water or small glass of wine) & coffee for £10.
Card Collection	1 very large SuperShape foil number balloon (normally £12).
La Casa Del Habano	Lampe Berger fragrance for £10 (normally £13.50).
Cavan Bakery	Halloween selection: 4 Halloween Cupcakes, 2 Gingerbread Mummies, 2 Chocolate Shortbread Witches' Cats, 2 Shortbread Bats. All for £10.
Diners Delight Cafe / Diner's Turkish Delight	Restaurant bottle of French Cave De Masse red or white wine (normally £12.95).
Divine at no 12	Free £10 bunch of flowers when you sign up for a Christmas Wreath Making Workshop.
Douetil Holistic Therapies	Aromatherapy or reflexology taster session. Call Bernadette on 07757 030 791 to book your special treat.
Elements	Kerastase treatment for £10 (normally £15).
Fallow Deer Cafe	Lunch, piece of cake and a drink for £10.
Famous Wines	Cyrice white wine (normally £12.99) or 2 from the Stowell range (normally £11.98).
Happy Potter	1 teacup painting / decoration (normally £13).
Heirloom	Jellycat bashful lions, monkeys, unicorns & bunnies £10 (usually £14.99).
It's Write For You	3 lots of 2 hrs of writing work for £10 each - (normally £20 per hr). Book via wordsfrompaul@gmail.com http://itswriteforyou.co.uk/services-on-offer-to-individuals
Ivy Clinic	Eyelash tint treatments (normally £17).
Kindle Stoves	Two net bags of kiln-dried logs.
Kitchen Sync	Beautiful Camembert Baker or/ special Xmas Baking Pack (Xmas cookie cutter, coloured icing, cookie decorating icing, edible glitter, gold patterned cellophane bags, curling ribbon) worth £18.50.
La Casa Del Habano	Lampe Berger fragrance for £10 (normally £13.50).
Loft	I love Teddington Apron (normally £15.99).
Love U Mum Cafe	Breakfast special with a tea or coffee, changes weekly (normally £12.50-£13).
Mela Mela	Selection of vintage jewellery including necklaces (normally £20).
Moiduls	2 tapas and small house wine or small beer.
Moore's Cycles	Skully Lights - front or rear (usually £14.99) or Vavert extra gel saddle cover (normally £14.99).
Orange Tree Clinic	20mins sports massage £10. Tel 020 8943 9459 to book.
Park Lane Stables	Trot For A Tenner: half hour ride, Ten Pound Tack Up (includes stable management lesson in a group for 30 minutes), Tenner Tots: Meet a pony and groom him, feed him and have a short ride.
Paul Kay Jewellers	Range of watches reduced to £10 including Casio.
Physio & Therapy	Introductory Running Gait Analysis (normally (£49).
Pink & Blue	Wash and blow dry for £10 (normally £20).
Retro Bistrot	2-course set lunch menu for £10 (every day, including weekends).
Ride Personal Training Centre	Two Spin Classes (use within two weeks) at Victoria Road studio (normally £30). Book via http://www.rideptc.com or tel 07850 102568.
Royal Oak	Jerked baby back ribs with rum glazes, skinny fries and slaw. Pan roast sea bass on salsa verde, ratatouille (normally £14).
Shambles	Wild mushroom risotto with aged Grana Padano cheese and a glass of Prosecco (Tue-Sat) or mature roast beef (Sun 12-5pm).
Sidra Patisserie	Lunch Deal: sandwich & side salad & humours, cake & fresh juice (normally £12).
Simply Me Beauty	2 Jessica nail polish minis, eyebrow shape or tint or 15 minute add on massage.
Simply Skin	Tempting Taster for a Tenner of reflexology or a scalp massage.
Stevens Tyres	Two wheel balances (normally £15).
Simply Me Boutique Beauty	2 Jessica nail polish minis, eyebrow shape or tint or 15 minute add on massage.
Studio 148	Selection of colourful socks by Falke & Duchamp (normally £12/£16).
Teddington Cheese	800g Mont d'Or (normally £15).
Urban Suburban	Beefayre reed diffusers, (normally £12.95).
Vet4Life	First aid kit for £10 (normally £14.99).
Vidatherapy	Aveda calming or energising body wash cleanser (normally £16.50).
Waldegrave Arms	Burger and drink for £10: homemade beef patty on a brioche bun with harissa mayo, baby gem lettuce, tomato, bacon and cheddar. Topped with onion rings and served with rosemary chips.
Woods Fruit & Veg	Fruit & veg box with free delivery.

Discover the **TEMPTING TEDDINGTON TENNER** offers: 17th - 31st October

£10 Bands at Teddington
THE CLOTHS THAT'S WORTH £50

AG Miller
The Waldegrave Arms

Diners Delight Vidatherapy
Divine at no.12
Love U Mum
Sidra Patisserie
Stevens Tyres

High Street
Totally Locally

Waldegrave Road
Church Road
Broad Street
Park Road
Station Road
Kingston Road

Bilas Tandoori
Cavan Bakery
Douetil Holistic Therapies
Happy Potter
The Loft
Orange Tree Clinic

Park Lane Stables
Paul Kay Jewellers
Physio & Therapy UK
Simply Skin
Urban Suburban
Woods Fruit & Veg

Kindle Stoves
Ride Personal Training Centre
The Teddington Cheese

La Bottega
Canta Napoli
The Card Collection
La Casa Del Habano
Cavan Bakery
Elements/Simply Me Beauty
The Fallow Deer
Famous Wines
Heirloom
Kitchen Sync

Mela Mela
Moiduls
1of1 Design
Retro Bistro
The Royal Oak
Shambles
Studio 148
Vet4Life

The Ivy Health Clinic
Moore's Cycles
Pink & Blue

Totally Locally Teddington

Totally Locally Teddington

For a full list of offers, please see www.totallylocallyteddington.co.uk

www.racheillustration.co.uk